

# Universal energy fluctuation in thermally isolated driven systems

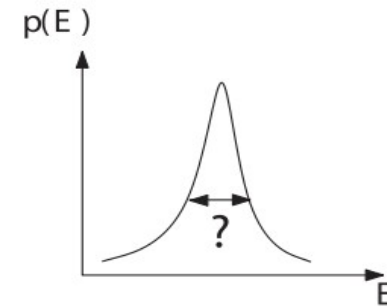
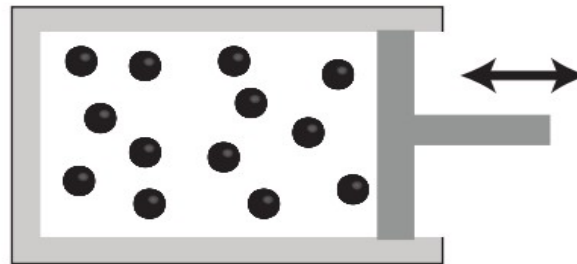
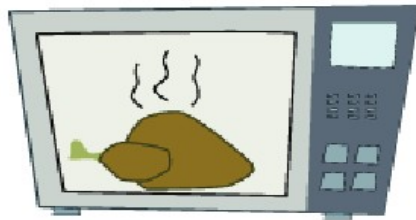
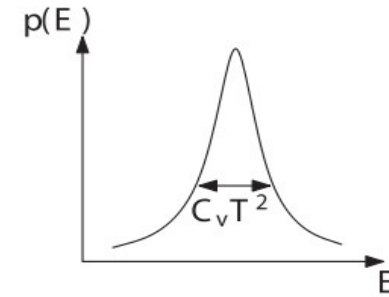
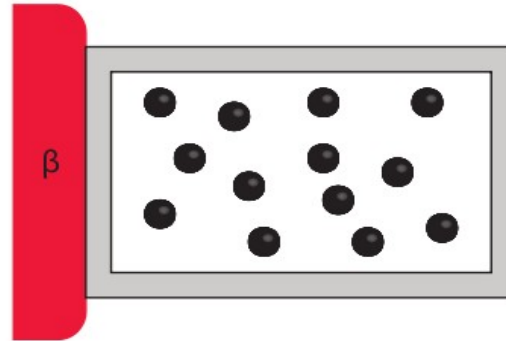
Cold atoms are almost perfectly isolated systems:

1. Probe coherent non-equilibrium dynamics for “long” times
2. Investigate foundations of statistical mechanics

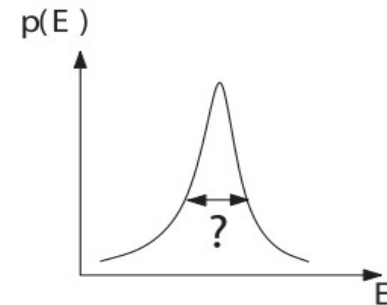
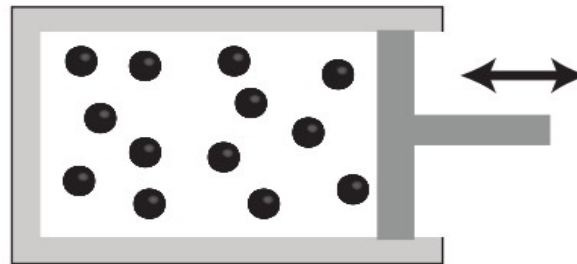
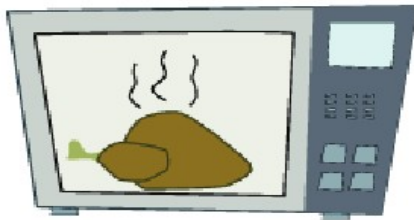
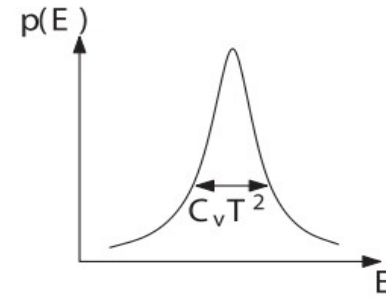
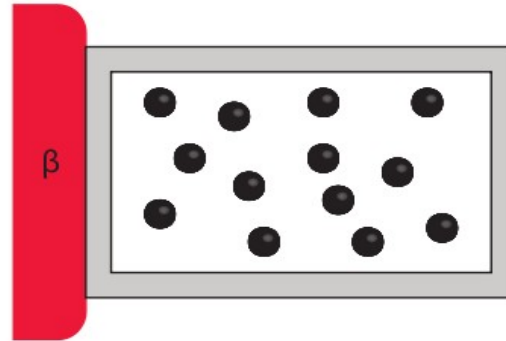
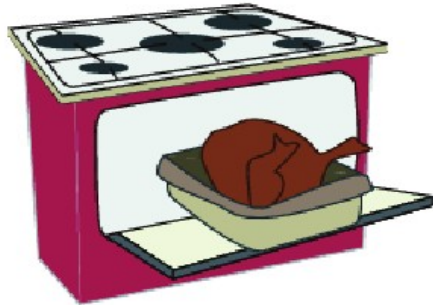
**Luca D'Alessio (BU)**, Anatoli Polkovnikov (BU),

Yariv Kafri (Technion), Guy Bunin (Technion), Paul Krapivsky (BU)

# Thermal Vs Not-Adiabatic Heating

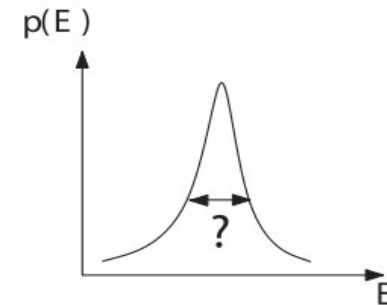
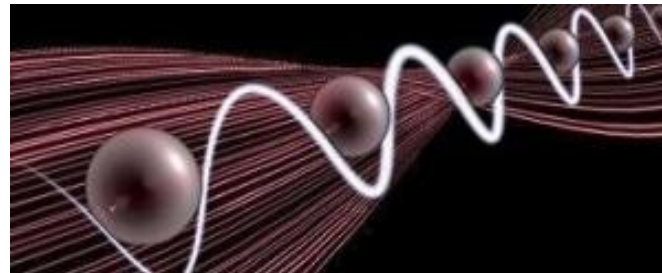
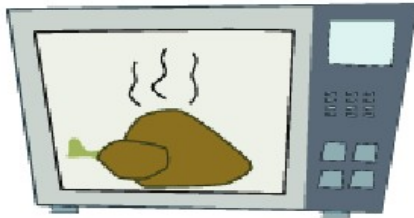
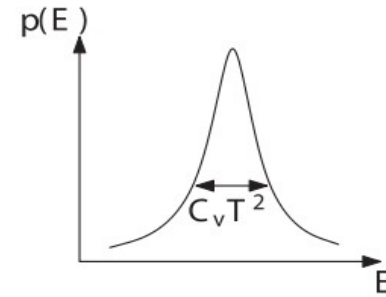
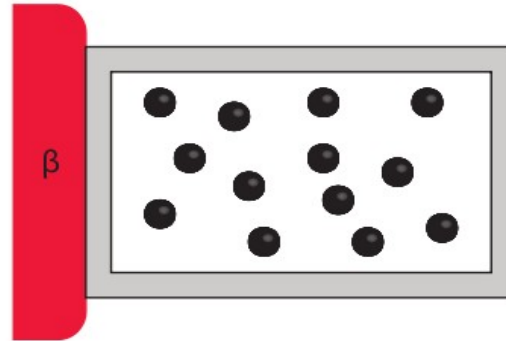


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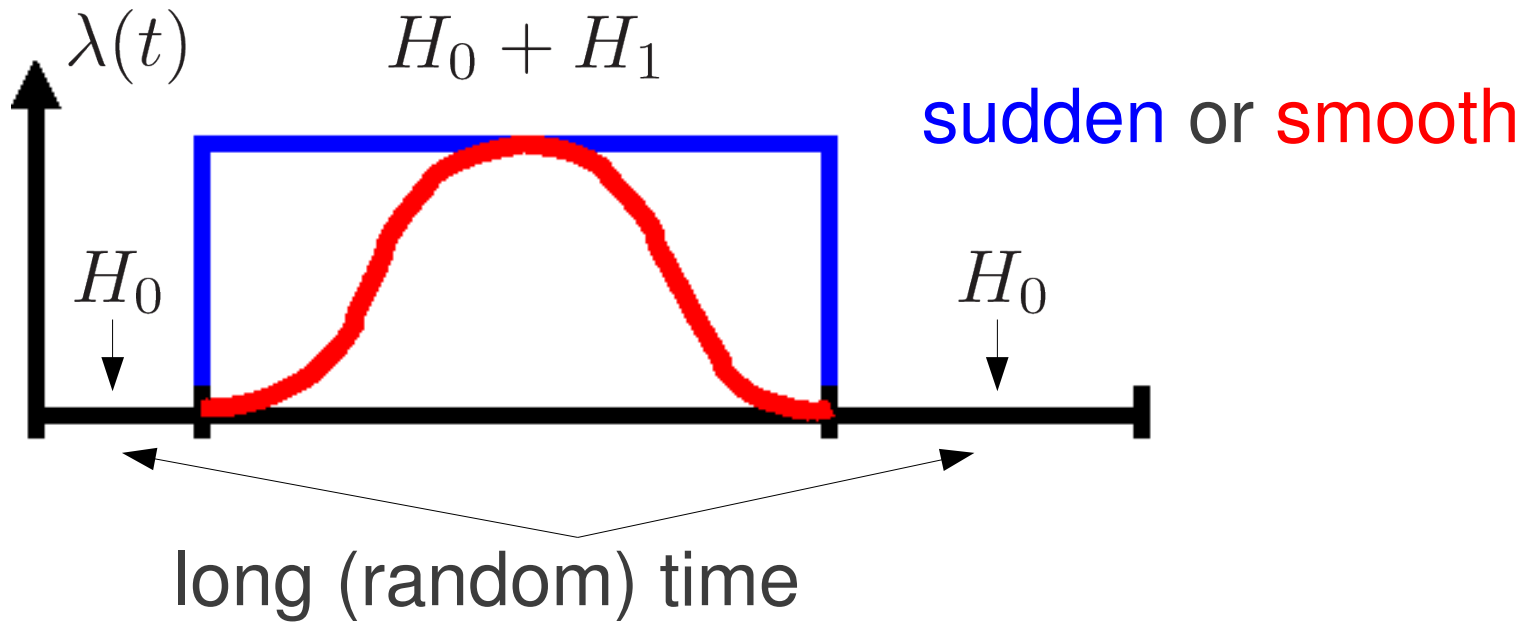
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- Does the energy distribution look like a thermal energy distribution at some **effective temperature**?

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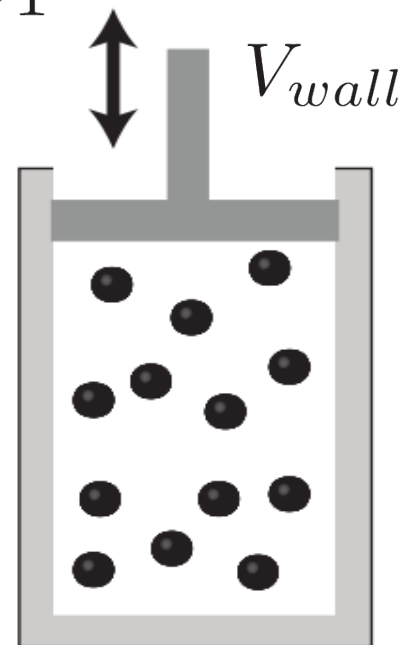
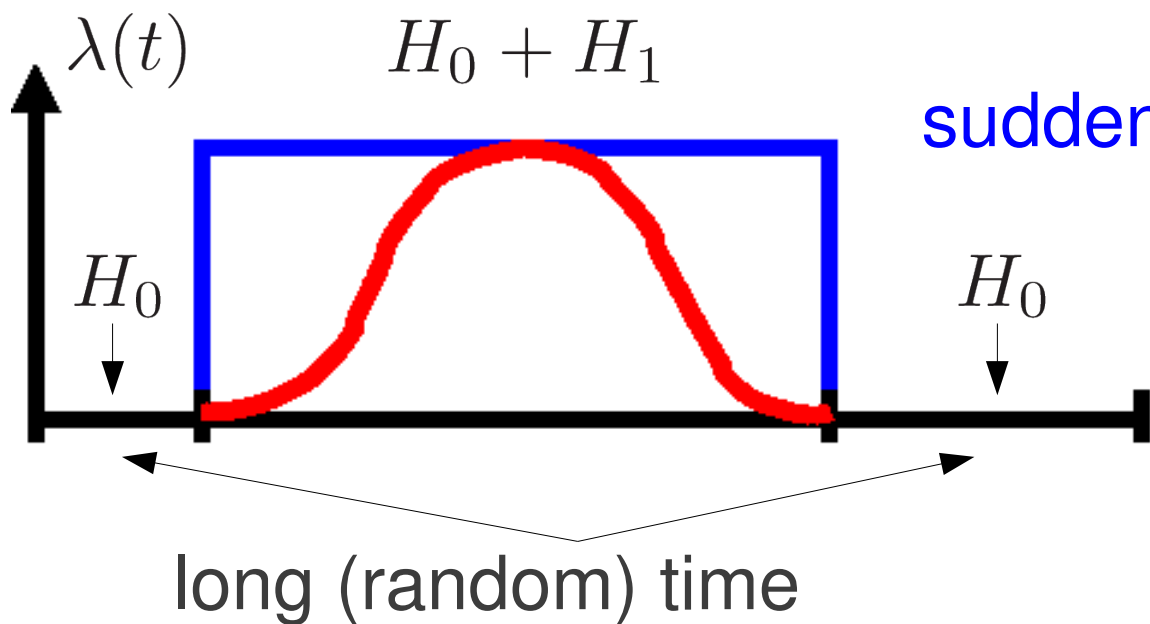


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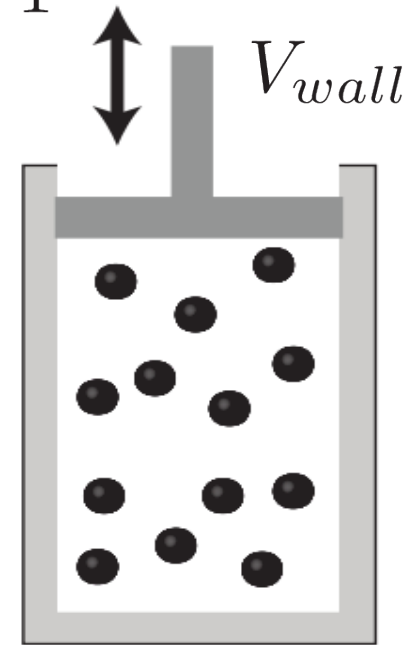
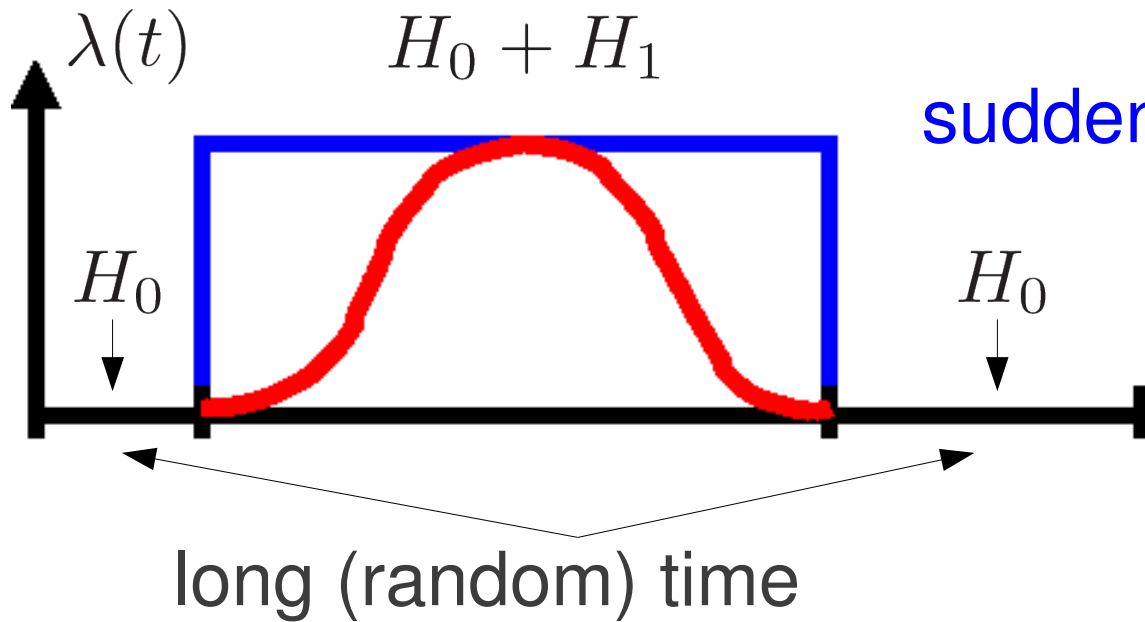
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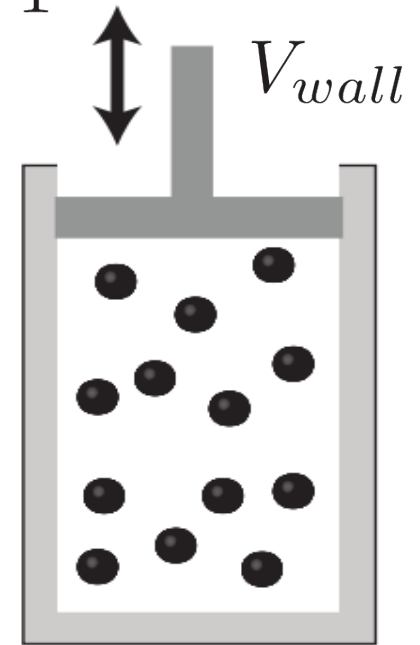
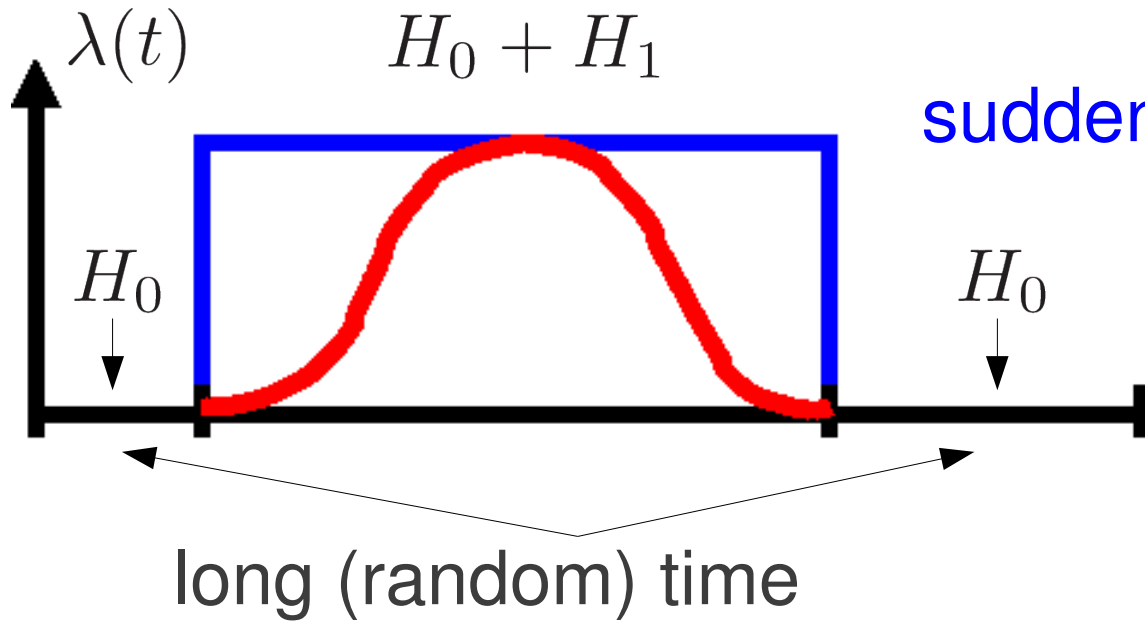


**Adiabatic limit:**  $E_f^{gas} = E_i^{gas}$

**Not Adiabatic:**  $E_f^{gas} > E_i^{gas}$  and  $E_f^{gas}$  is a random variable

(random waiting times, initial energy of the gas does not fix the individual particles' positions and velocities)

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**ENSEMBLE AVERAGE** over protocols and initial conditions



# Isolated System = Unitary Evolution

Von Neumann equation  
(quantum Liouville's theorem):  $\frac{d\rho(t)}{dt} = \frac{1}{i\hbar} [H(t); \rho(t)]$

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3) .....

# Outline

1. What I have learned about unitary evolution
2. Application to repeated quenches problem
3. Appendix

# Unitary Evolution

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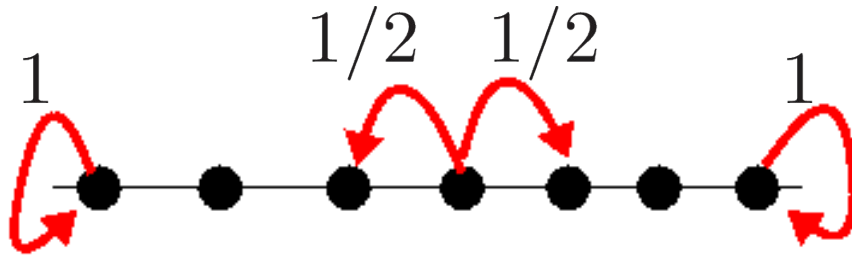
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**1<sup>st</sup> advertisement:** Allahverdyan et al, EPL **95** (2011) 60004  
Work extraction from a microcanonical bath

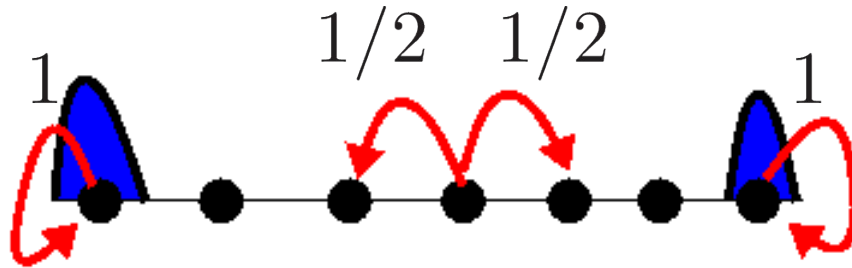
Double Stochasticity:  $\sum_m T_{nm} = \sum_n T_{mn} = 1$

NO



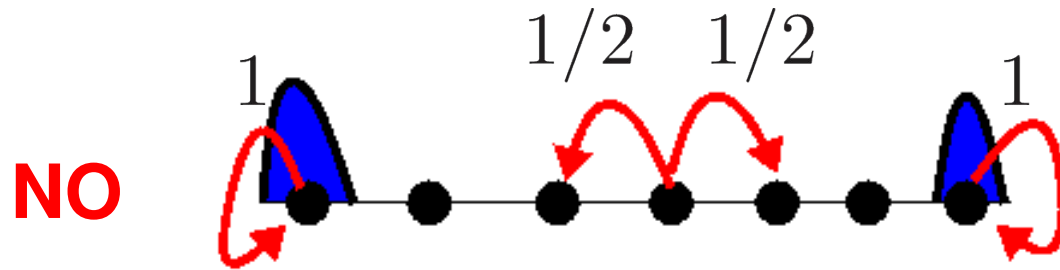
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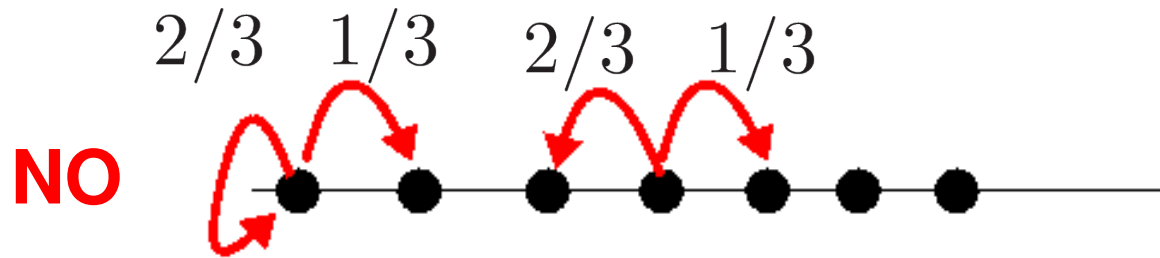


No absorbing states

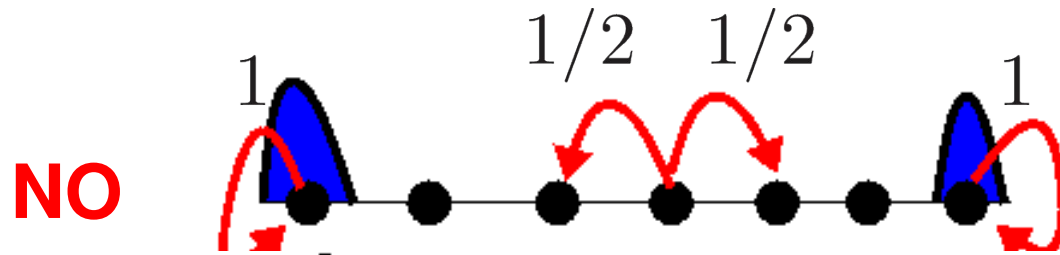
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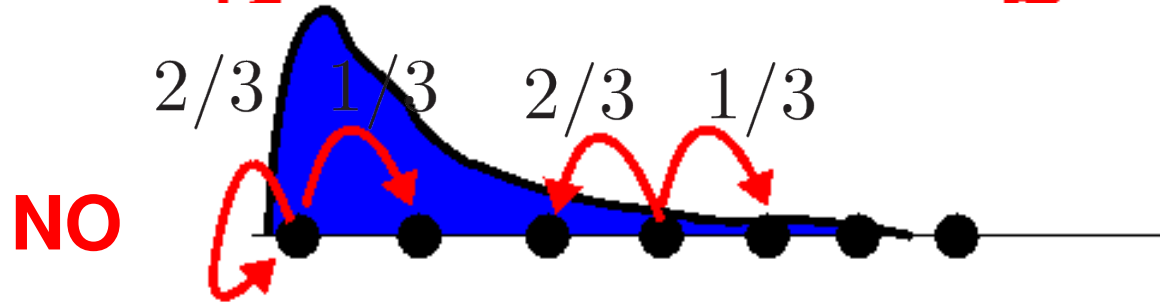
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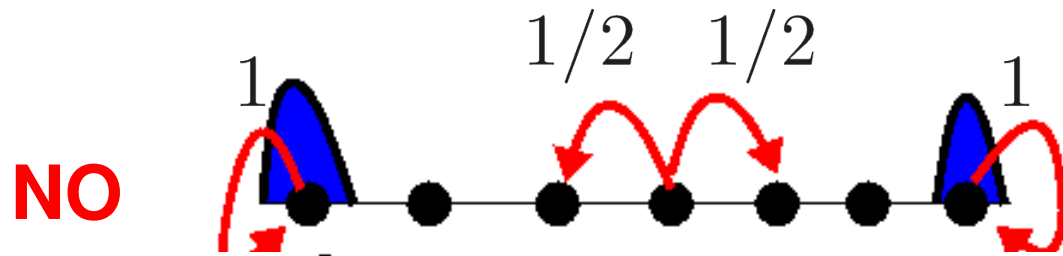


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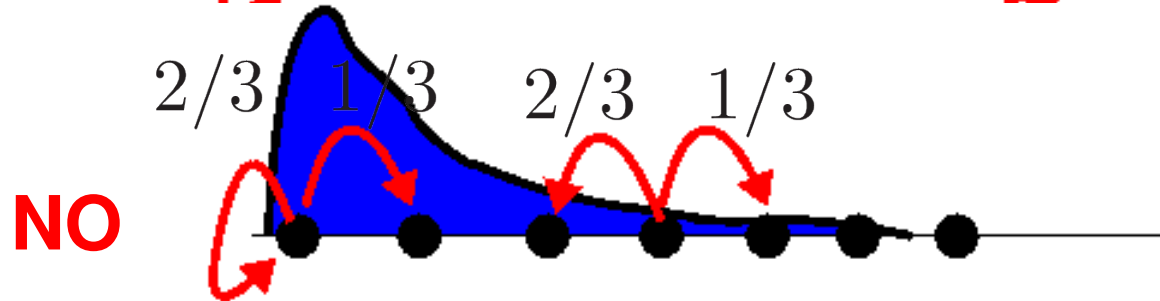


No probability  
localization close GS

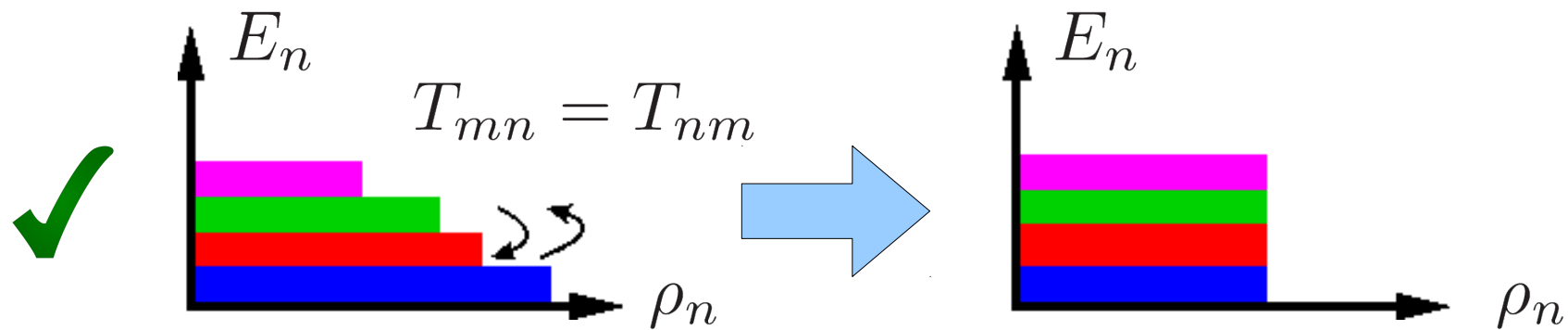
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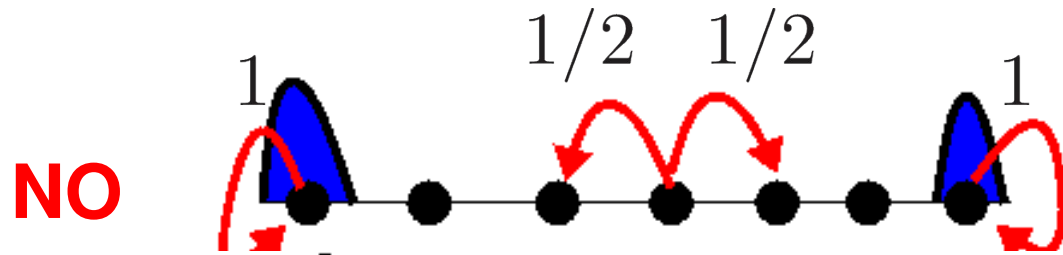
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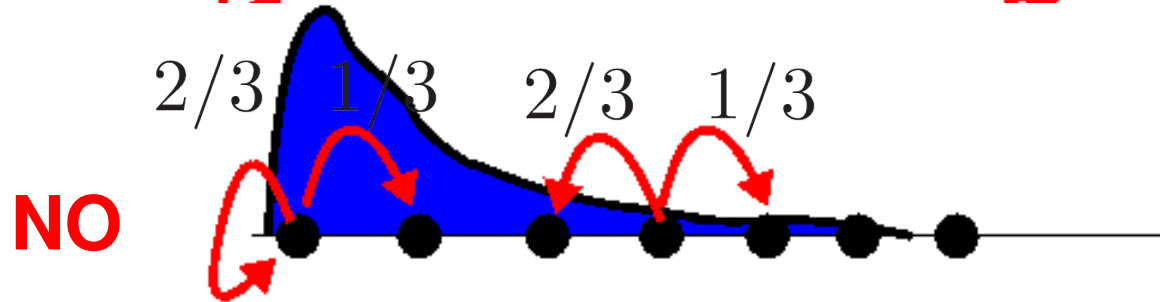
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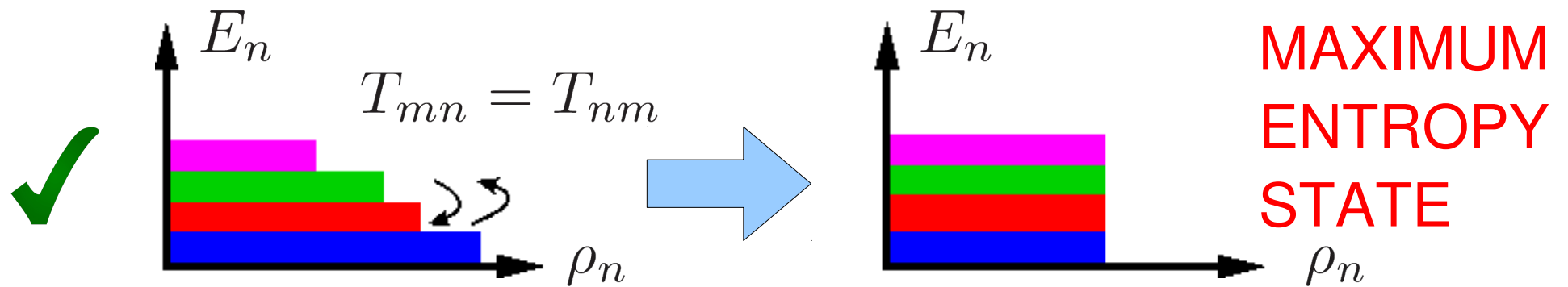
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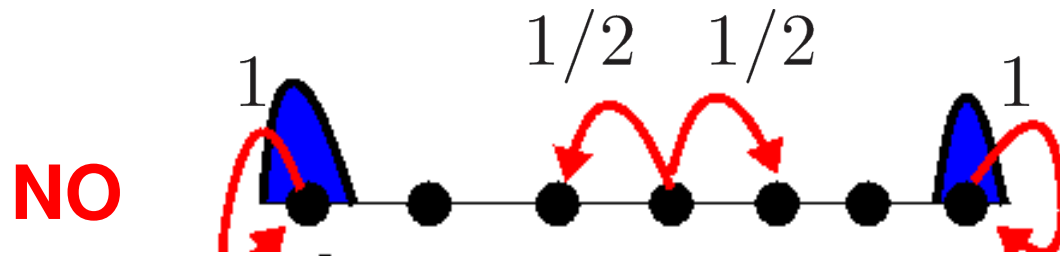
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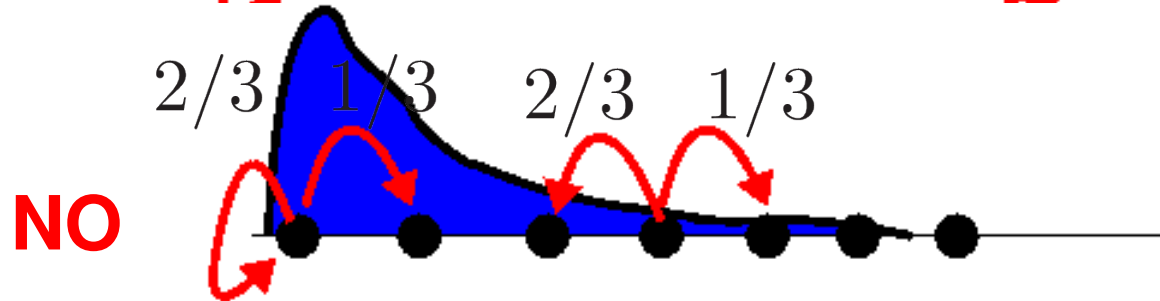
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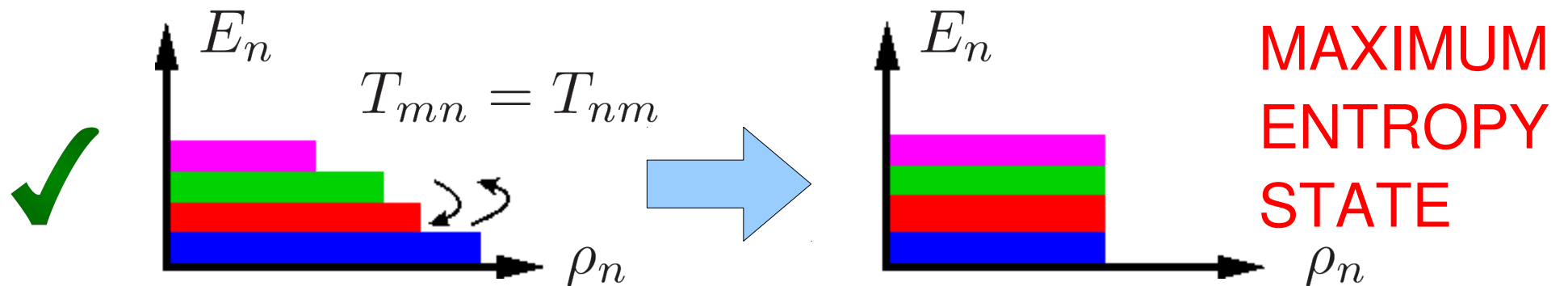
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## First take-home message:

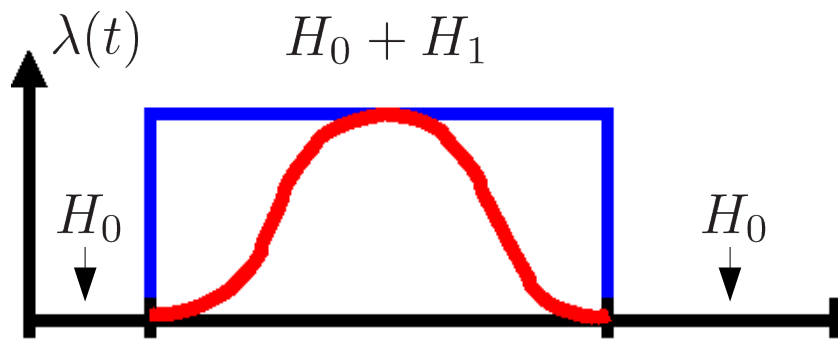
- Unitary evolution tends to bring you towards a maximum

Shannon (diagonal) entropy state:  $S_{sh} = - \sum_n \rho_n \log \rho_n$

- This is 2<sup>nd</sup> law of thermodynamics



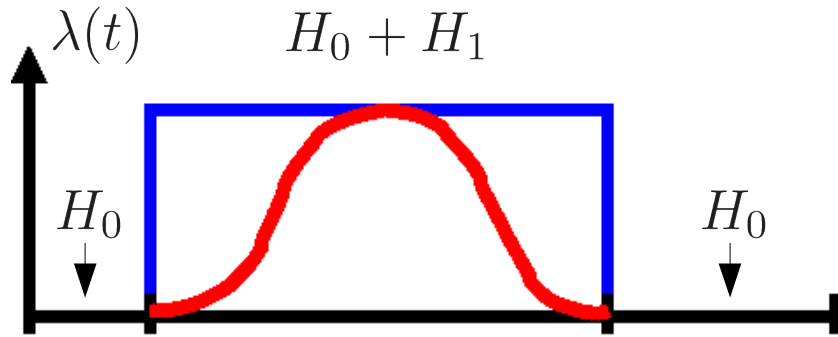
# Off-diagonal elements



Write  $\rho$  in the base of  $H_0$

During the waiting times diagonal elements are fixed while off-diagonal ones oscillate

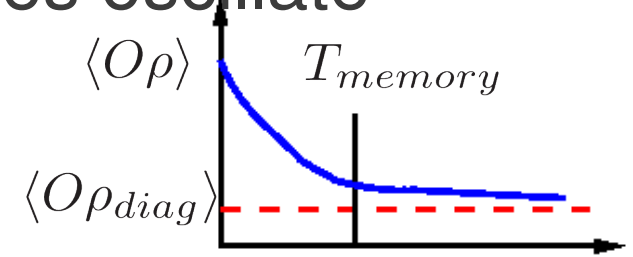
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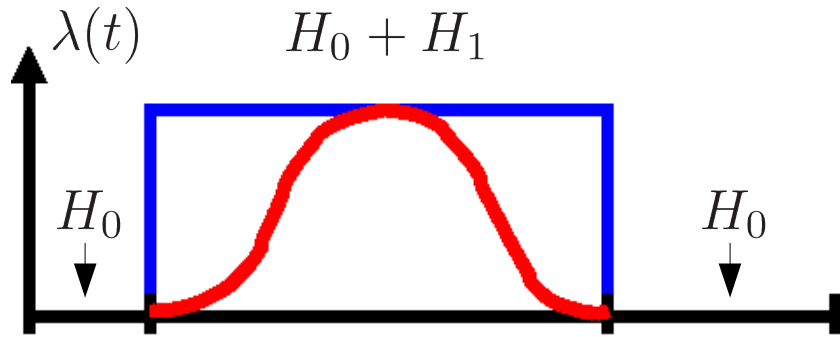
Memory is encoded in off-diagonal  $\rightarrow$   
for chaotic system take:  $T_{wait} \geq T_{memory}$



Time after quench

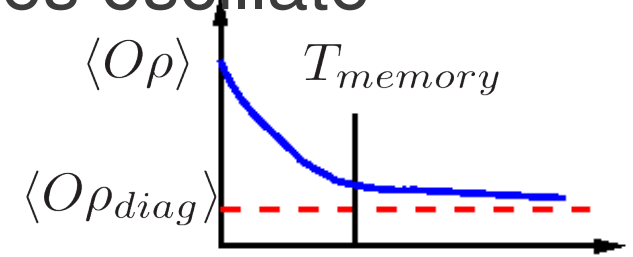
Alternatives to ETH,  
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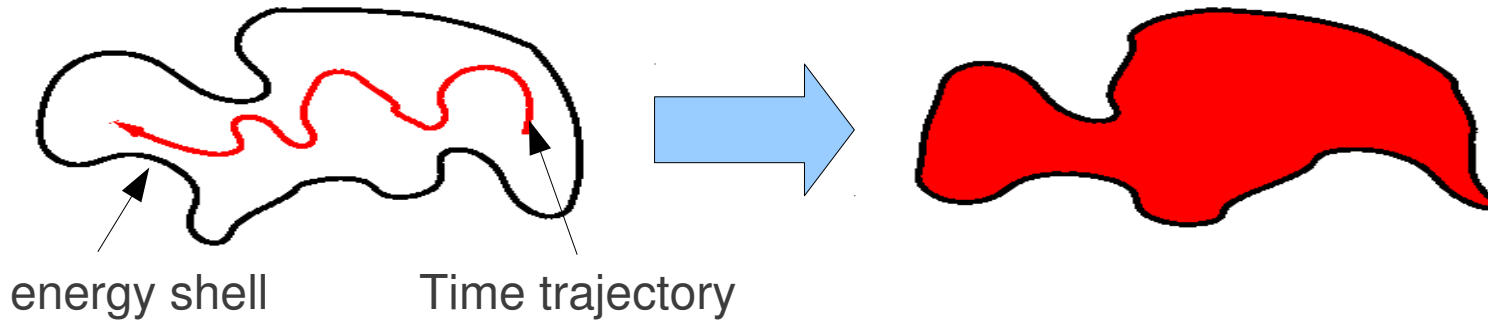


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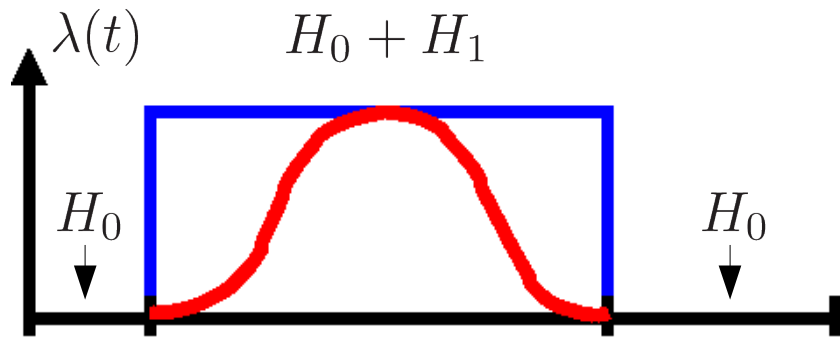
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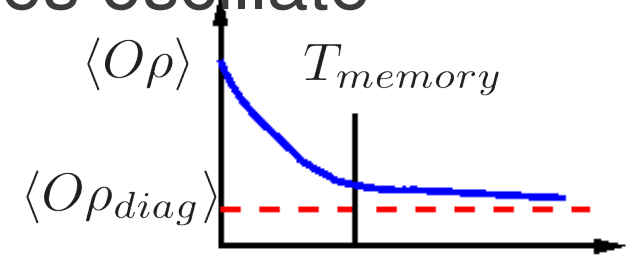
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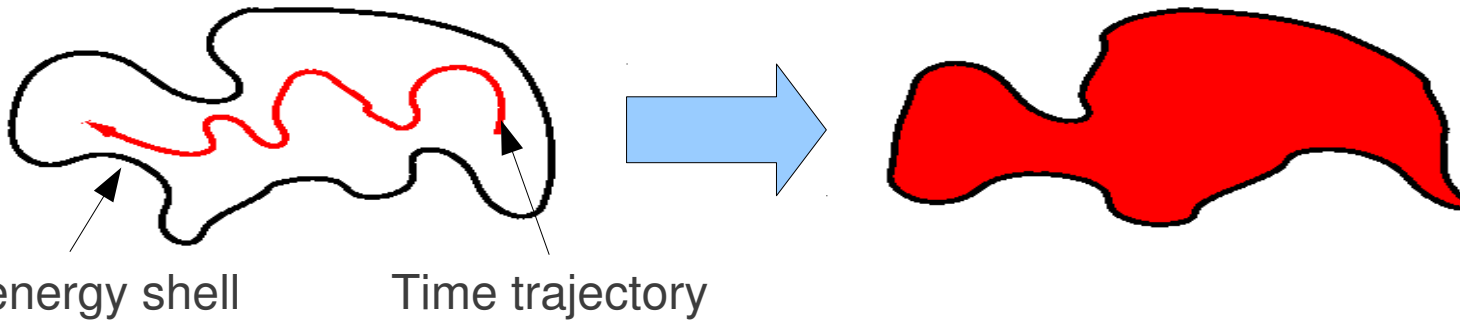
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energy shell

Time trajectory

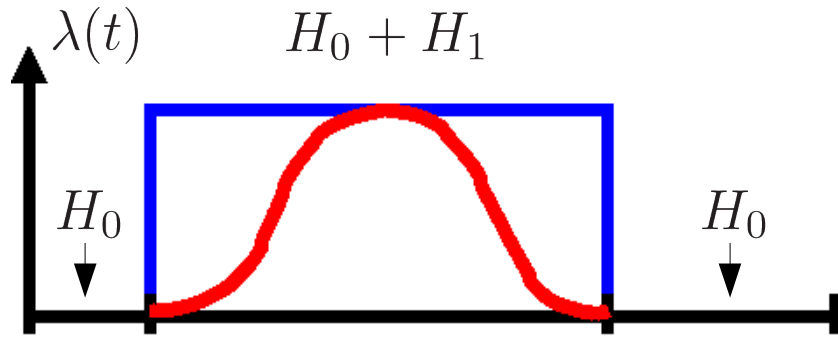
Gedankenexperiment:

Sequence of spins polarized (at random) in xy plane.

Is there any way to distinguish that from the diagonal ensemble?

$$\rho = \begin{pmatrix} 1/2 & 0 \\ 0 & 1/2 \end{pmatrix}$$

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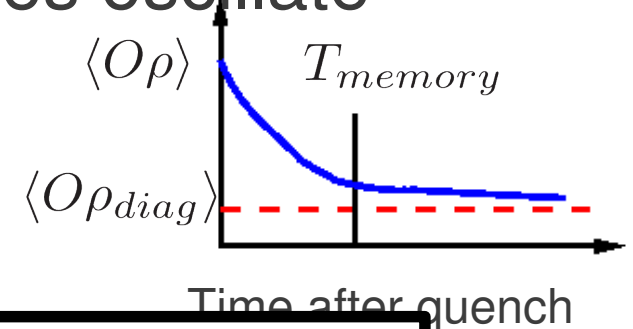


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**Restart each cycle from diagonal ensemble**

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Time trajectory

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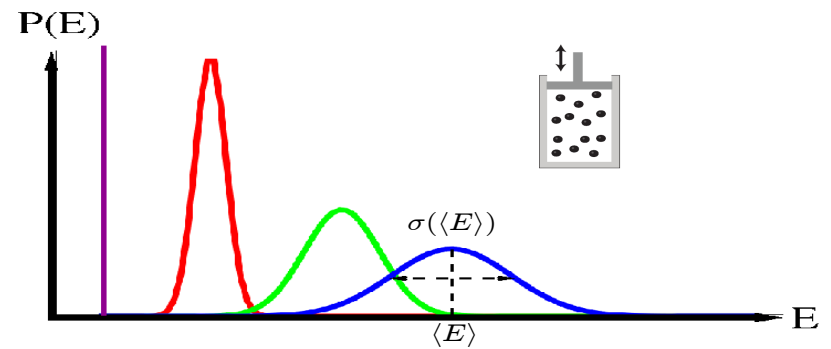
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# Off-diagonal elements

We assume that between the cycles the system reaches a steady state (or a diagonal ensemble [21] in the quantum language) so that its state is fully characterized by its energy distribution. In ergodic systems this requirement can be satisfied by waiting between cycles a time which is longer than the relaxation time of the system. In non ergodic (integrable) systems this can be achieved by having a long fluctuating time between cycles. This effectively leads to an additional time averaging which is equivalent to the assumption of starting from a diagonal ensemble. (For more details about relaxation to asymptotic states in integrable systems see Ref. [5] and refs. therein). To make this discussion more concrete consider, for example, a compression and expansion of the piston in Fig. 1 according to an arbitrary protocol. The gas is allowed to relax between the cycles (when the piston is stationary) at a fixed energy. For a weakly interacting ergodic gas such a relaxation implies that the momentum distribution of individual particles assumes a Maxwell-Boltzmann form together with a randomization of the coordinate distribution. For a noninteracting gas in a chaotic cavity the relaxation implies conservation of the individual energies of each particle and a randomization of the coordinates and directions of their motion. And finally for noninteracting particles in a regular non-chaotic cavity the relaxation implies a randomization of the coordinates within individual periodic trajectories. Therefore, in the beginning of each cycle there are no correlations between positions and velocities of particles within the available phase space.

# Master Equation

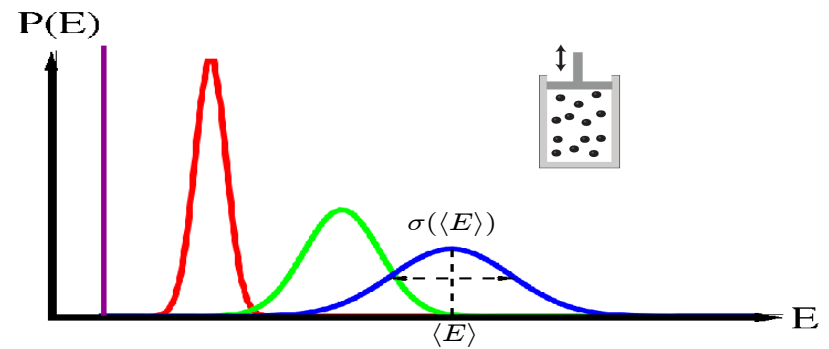
$$\rho_n = \sum_m T_{mn} \rho_m, \quad \sum_m T_{nm} = \sum_n T_{nm} = 1$$



$P(E) = \Omega(E)\rho(E)$   Algebra + Technical Reasons (appendix 1)

$$P(E, t + dt) = \int_{-\infty}^{\infty} dW T_{E-W}(W) P(E - W, t), \quad \Omega(E)T_{E \rightarrow E'} = \Omega(E')\tilde{T}_{E' \rightarrow E}$$

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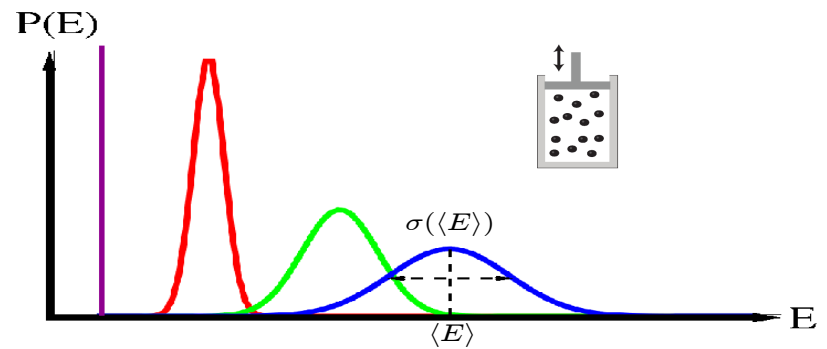
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QM is still encoded in the Transition rates (appendix2)



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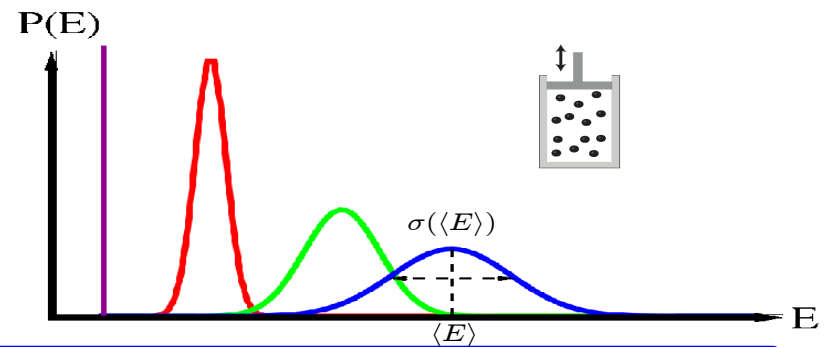
Expand (our goal is to calculate  $\sigma(\langle E \rangle)$ )

$$\partial_t P(E) = -\partial_E (A(E) P(E)) + \frac{1}{2} \partial_{EE} (B(E) P(E)) + \dots, \quad 2A(E) = \beta(E) B(E) + \partial_E B(E)$$

where:  $\beta(E) = \partial_E S(E)$  is the microcanonical temperature.

This is “generalized Einstein relation” between drift and diffusion in open systems  $\rightarrow$  Jarzynski equality (appendix3)

# Master Equation



## Second take-home message:

Unitary evolution can be approximated by a Fokker–Planck equation where drift and diffusion are constrained **a priori**

## Second advertisement:

“Energy diffusion in a chaotic adiabatic billiard gas”.

C. Jarzynski, Phys. Rev. E **48**, 4340–4350 (1993)

“Thermalisation of a closed quantum system:

From many-body dynamics to a Fokker-Planck equation”

C. Ates, J. P. Garrahan, I. Lesanovsky, arXiv:1108.0270

# Solve the Fokker–Planck equation

We turn the Fokker-Planck equation into a relation between the first and second moments (by integration by parts)

$$\frac{\partial \sigma^2}{\partial \langle E \rangle} = \frac{\langle B \rangle + 2(\langle A E \rangle - \langle A \rangle \langle E \rangle)}{\langle A \rangle}$$

Evaluate these averages using saddle-point approximation (narrow  $P(E)$  → mesoscopic systems)

$$\sigma^2(E) = \sigma_0^2 \frac{A^2(E)}{A^2(E_0)} + 2A^2(E) \int_{E_0}^E \frac{dE'}{A^2(E')\beta(E')}$$

Protocol **dependent**

Protocol **independent**

# Dynamical phase transition

$$\sigma^2(E) = \sigma_0^2 \frac{A^2(E)}{A^2(E_0)} + 2A^2(E) \int_{E_0}^E \frac{dE'}{A^2(E')\beta(E')}$$

Assume:  $A(E) \sim E^s$ ,  $\beta(E) \sim E^{-\alpha}$ ,  $\sigma_0^2(E_0) = 0$

with:  $s \leq 1$  (validity of FP),  $0 < \alpha \leq 1$  ( $Cv > 0$  and  $S(E)$  increasing unbounded function of energy)

As the energy increases ( $E \rightarrow \infty$ ) the integral:

•Diverges if  $2s - \alpha < 1 \rightarrow \sigma^2(E) \sim \frac{E}{\beta(E)}$  **Protocol independent**

•Converges if  $2s - \alpha > 1 \rightarrow \sigma^2(E) \sim A(E)^2$  **Protocol dependent**

# Dynamical phase transition

$$\sigma^2(E) = \sigma_0^2 \frac{A^2(E)}{A^2(E_0)} + 2A^2(E) \int_{E_0}^E \frac{dE'}{A^2(E')\beta(E')}$$

Define:  $\eta = 2s - \alpha - 1$

•Diverges if  $\eta < 0 \rightarrow \frac{\sigma^2(E)}{\sigma_{eq}^2(E)} \sim \frac{2\alpha}{|\eta|}$  **Gibbs-like regime**

•Converges if  $\eta > 0 \rightarrow \frac{\sigma^2(E)}{\sigma_{eq}^2(E)} \sim \frac{2\alpha}{\eta} \left(\frac{E}{E_0}\right)^\eta$  **Run-away regime**

Diverging time scale:  $\tau \sim \frac{1}{1-s} \exp\left[\frac{1-s}{|\eta|}\right]$  **“Continuous phase transition”**

# Results

- Can we increase the energy without increasing the **uncertainty** in its final value?
  
- Does the energy distribution look like a thermal energy distribution at some **effective temperature**?

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**ALMOST.**

- Does the energy distribution look like a thermal energy distribution at some **effective temperature**?

**SOMETIMES.**

$$\begin{array}{c}
 \frac{1 - \alpha}{2} \qquad \qquad \qquad \frac{1 + \alpha}{2} \qquad \qquad \qquad s = 1 \\
 \hline
 \frac{\sigma^2(E)}{\sigma_{eq}^2(E)} < 1 \quad \left| \quad \frac{\sigma^2(E)}{\sigma_{eq}^2(E)} > 1 \quad \left| \quad \frac{\sigma^2(E)}{\sigma_{eq}^2(E)} \sim \frac{2\alpha}{\eta} \left( \frac{E}{E_0} \right)^\eta
 \end{array}$$

**Gibbs-like regime ( $\eta < 0$ )** | **Run-away regime ( $\eta > 0$ )**

*Reminder :  $s \leq 1, 0 < \alpha \leq 1, \eta = 2s - \alpha - 1$*



# Conclusions

**First take-home message:**  $\sum_m T_{nm} = \sum_n T_{mn} = 1$

- Unitary evolution tends to bring you towards a maximum Shannon (diagonal) entropy state:  $S_{sh} = - \sum_n \rho_n \log \rho_n$
- This is 2<sup>nd</sup> law of thermodynamics

A. Polkovnikov Annals Phys **326**, 486 (2011)

**Second take-home message:**

Unitary evolution can be approximated by a Fokker–Planck equation where drift and diffusion are constrained **a priori**

arXiv:1108.0270v1 [quant-ph]

**3<sup>rd</sup> advertisement:** Nature Physics doi:10.1038/nphys2057

# Appendix 1: Master Equation

Appendix:

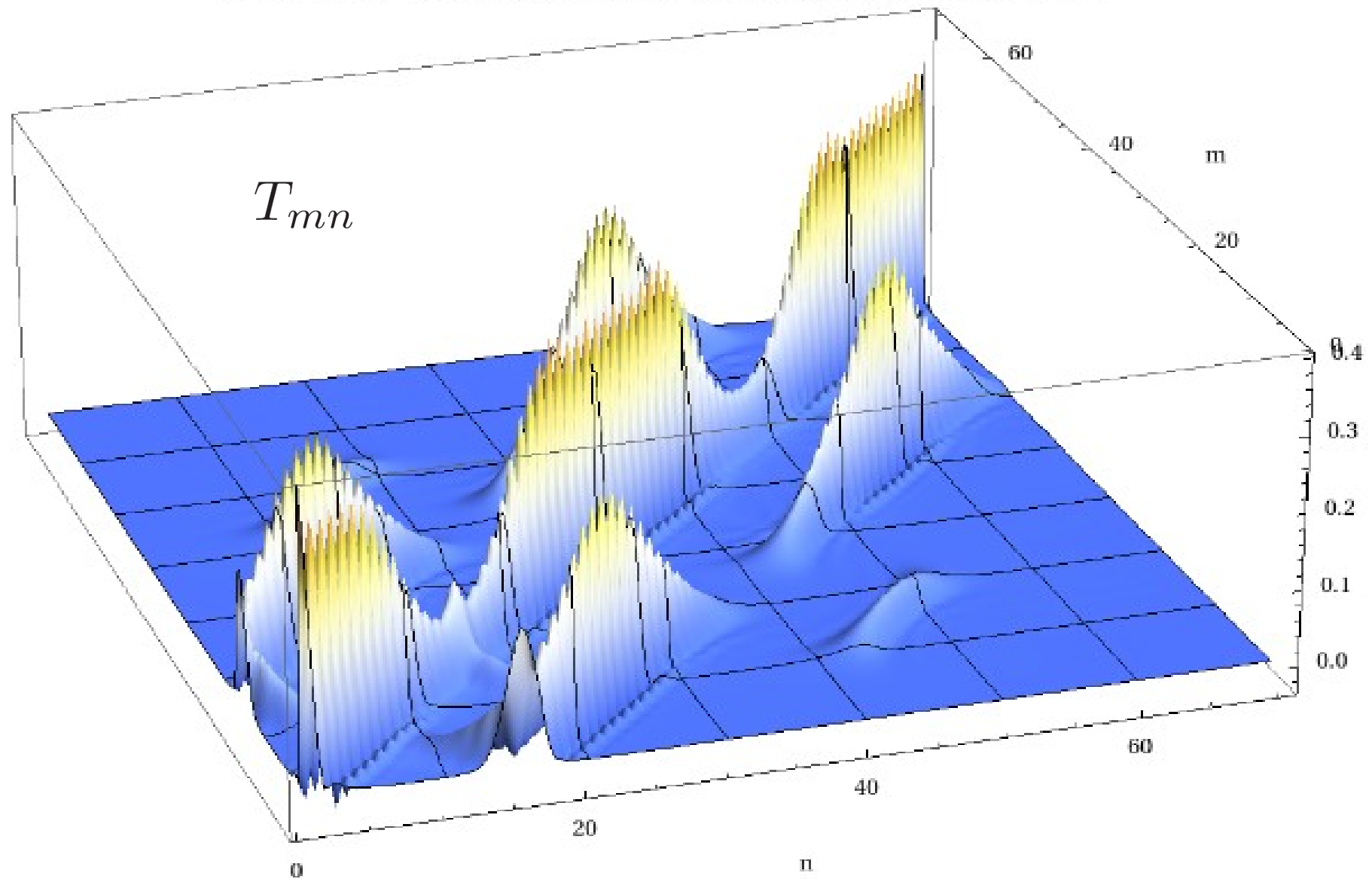
Distinguish chaotic from not chaotic Phys. Rev. Lett. 107,  
040601 (2001)

Is exp relevant  $\langle E \rangle = \int dE E P(E)$

Makes my transition smooth

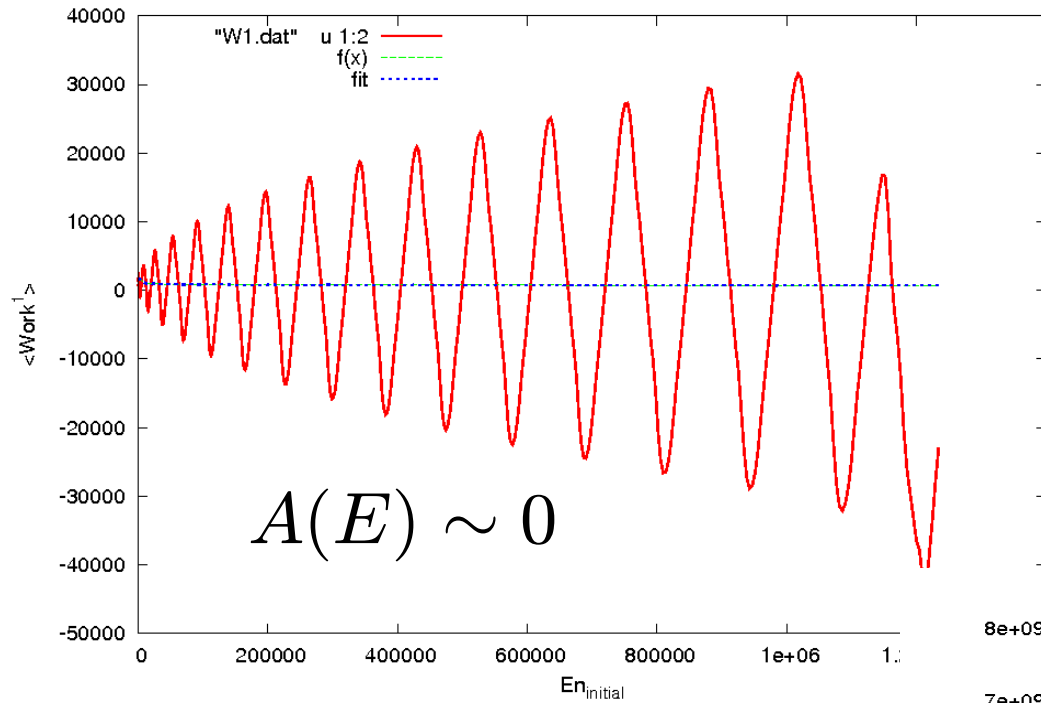
# Appendix 2: linear quench in 1D quantum piston

(The state  $n$  before the cycle has weights on the state  $m$  after the cycle)



# 1D quantum linear quench

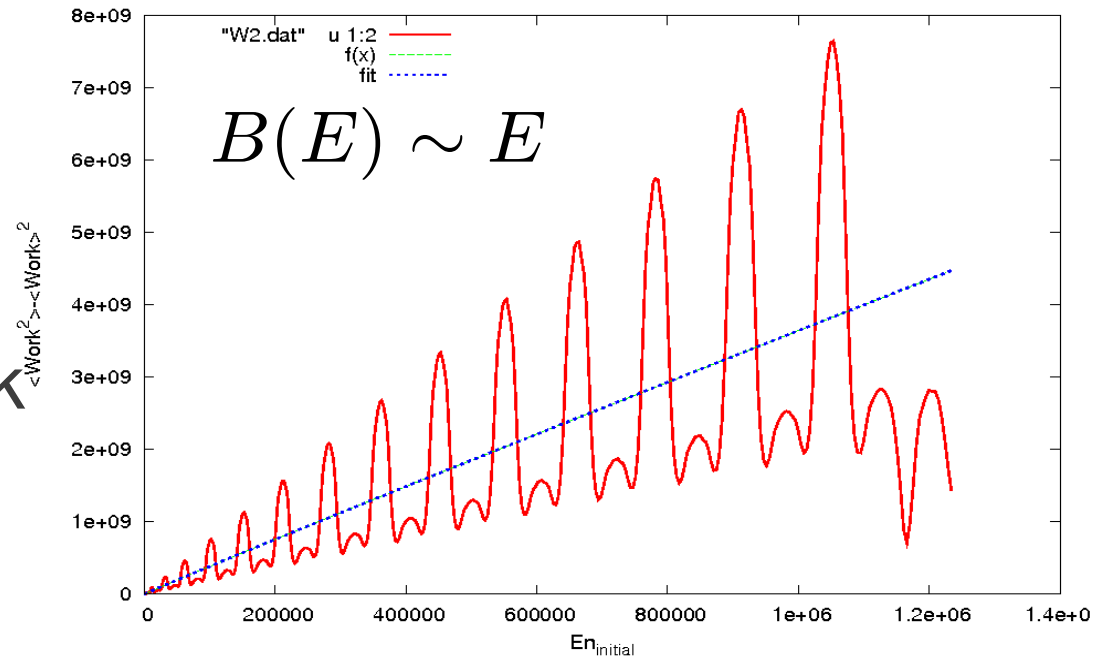
Quantum, L(expanded)=1; L(compressed)=1/2, Vwall=50, Nstates=500



$$2A = \beta B + \partial_E B$$

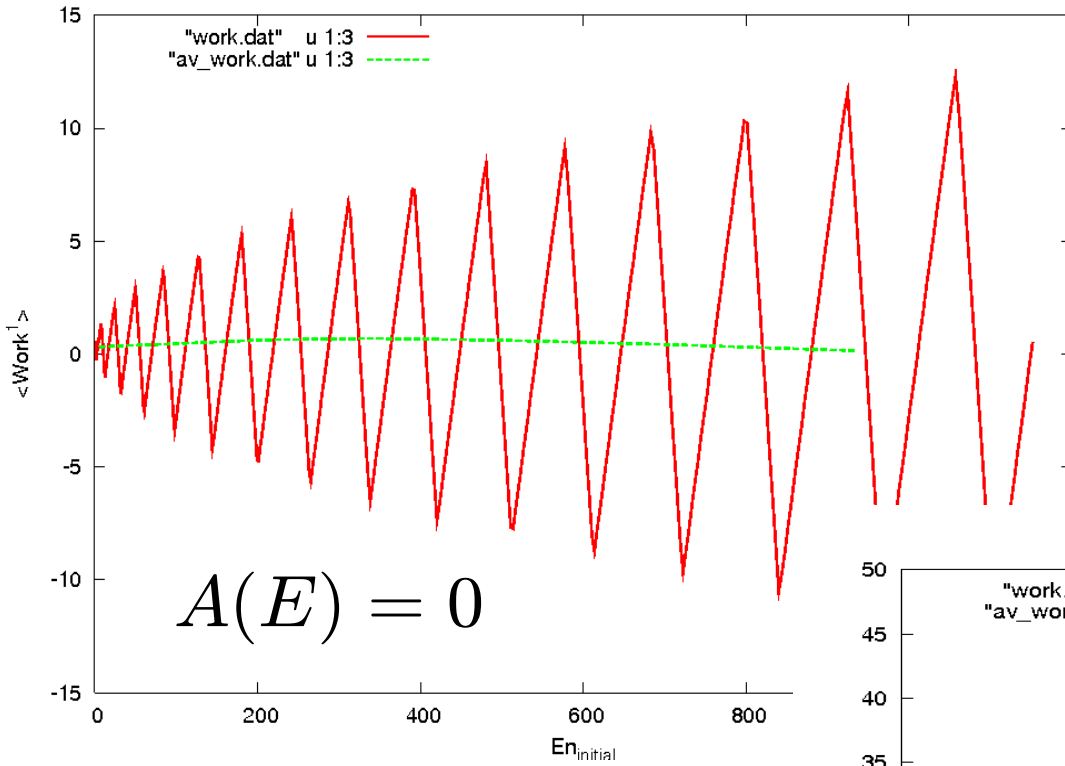
This expression doesn't work

Quantum, L(expanded)=1; L(compressed)=1/2, Vwall=50, Nstates=500



# 1D classical integrable ( $L=1, L'=5/3$ )

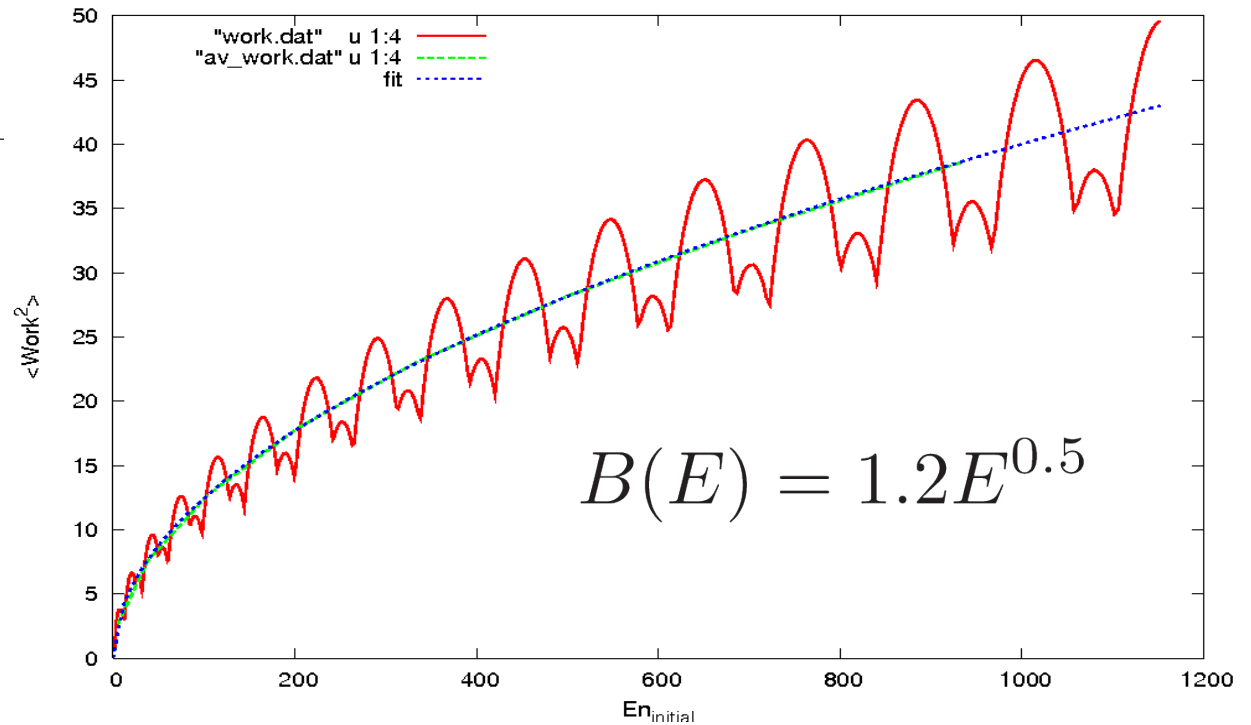
$L(\text{expanded})=5/3; L(\text{compressed})=1, V_{\text{wallComp}}=1, V_{\text{wallExp}}=1$



$$2A = \beta B + \partial_E B$$

$$\frac{2-d}{2E} \sqrt{E} = \frac{1}{2} E^{-0.5}$$

$L(\text{expanded})=5/3; L(\text{compressed})=1, V_{\text{wallComp}}=1, V_{\text{wallExp}}=1$



# Appendix 3: Jarzynski Equality (JE)

State initially in thermal equilibrium:

C. Jarzynski, Phys. Rev. E **56**, 5018–5035 (1997)

**EXACT**  $P(w)e^{-\beta W} = \tilde{P}(-w) \rightarrow \langle e^{-\beta W} \rangle = 1$

**APPROXIMATE**  $-\beta \langle W \rangle + \frac{\beta^2}{2} \langle \delta W^2 \rangle_c = 0 \rightarrow \boxed{2A = \beta B}$

Any unitary evolution (there is no temperature here):

**EXACT**  $\Omega(E)T_{E \rightarrow E'} = \Omega(E')\tilde{T}_{E' \rightarrow E}$

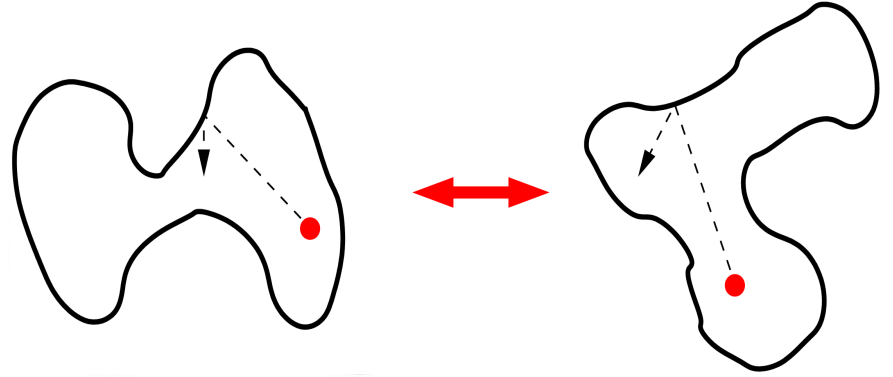
**APPROXIMATE**  $2A(E) = \beta(E)B(E) + \partial_E B(E)$   
“Generalized Einstein relation”

**AVERAGE OVER  
DISTRIBUTION:**

$$\boxed{2A = \beta B + \left(1 - \frac{\sigma^2(E)}{\sigma_{eq}^2(E)}\right) \frac{\partial B}{\partial E}}$$

# Example: particle in chaotic cavity

arXiv:1007.4589v2 & Physical Review E 83, 011107 (2011)



$$\left. \begin{aligned} A(E) &= gE^{1/2} \\ B(E) &= g \frac{4}{d+1} E^{3/2} \\ \beta(E) &= \frac{d-2}{2E} \end{aligned} \right\} \rightarrow 2A = \beta B + \partial_E B$$

**# d.o.f=2d**

$$f(v, \tau) d\mathbf{v} \sim e^{-v/\tau} d\mathbf{v} \Rightarrow \frac{\sigma^2(E)}{\sigma_{eq}^2(E)} = \frac{2+3/d}{1+1/d} \rightarrow 2$$

$$\frac{\partial f}{\partial \tau} = d \frac{\partial f}{\partial v} + v \frac{\partial^2 f}{\partial v^2}$$

$$f(V, \tau) \sim e^{-\frac{V}{\tau}} \rightarrow f(E, t) \sim e^{-\sqrt{E}}$$