Measurement of replication structures at the nanometer scale using super-resolution light microscopy

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ABSTRACT

DNA replication, similar to other cellular processes, occurs within dynamic macromolecular structures. Any comprehensive understanding ultimately requires quantitative data to establish and test models of genome duplication. We used two different super-resolution light microscopy techniques to directly measure and compare the size and numbers of replication foci in mammalian cells. This analysis showed that replication foci vary in size from 210 nm down to 40 nm. Remarkably, spatially modulated illumination (SMI) and 3D-structured illumination microscopy (3D-SIM) both showed an average size of 125 nm that was conserved throughout S-phase and independent of the labeling method, suggesting a basic unit of genome duplication. Interestingly, the improved optical 3D resolution identified 3- to 5-fold more distinct replication foci than previously reported. These results show that optical nanoscopy techniques enable accurate measurements of cellular structures at a level previously achieved only by electron microscopy and highlight the possibility of high-throughput, multispectral 3D analyses.

INTRODUCTION

The spatiotemporal coordination of genome duplication is an essential biological process that is still far from being understood. Precise measurement of replication foci (RF) size and their total number in the cell nucleus are a crucial prerequisite for establishing and testing of quantitative models of the functional organization of the genome and its duplication at each cell division cycle. There are several methods for RF visualization, including labeling of the replication machinery or labeling of the newly synthesized DNA in live cells (1–3) or by immunofluorescence in fixed cells (e.g. refs. 4–7) and nano-gold labeling for electron microscopy (EM) (8–10). The subnuclear distribution of RF during S-phase of the cell cycle has been shown to change over time giving rise to varying numbers of RF with different sizes. Such variability in numbers and sizes is mostly related to the imaging methodology used and in part also dependent on the sample labeling and preparation procedure. Importantly, light microscopy (LM) combined with deconvolution analysis (1) and, more recently, EM (10,11) have uncovered complex substructures within the larger RF corresponding to heterochromatin replicating in late S-phase. From the nucleotide-labeled RF measured using EM, an average size of 110–120 nm was calculated (11), well below the size measurable by conventional LM techniques. However, estimating RF foci size with EM combined

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The authors wish it to be known that, in their opinion, the first two authors should be regarded as joint First Authors.

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with in vivo immunogold labeling of GFP-PCNA (10) yielded much larger RF sizes of ~200–350 nm. Importantly, either living cells with green fluorescent protein (GFP)-tagged proliferating cell nuclear antigen (PCNA)-labeled RF or fixed cells that had been pulse labeled with modified nucleotides were analyzed, but both labeling strategies were not directly compared using the same imaging method.

In this study, we investigated and compared the characteristics of sites of DNA replication in mammalian cells using novel nanoscale optical microscopy techniques—spatially modulated illumination (SMI) microscopy and 3D-structured illumination microscopy (3D-SIM). We employed hypotonic treatment of the cells to increase the separation of the RF followed by flattening of the cells and analysis of RF size by SMI. In order to precisely estimate the numbers of replication structures in the entire cell nucleus, we also used 3D-SIM in 3D preserved samples.

Super-resolution SMI microscopy is a light microscopic method that uses axial structured illumination in the form of a standing wave to allow high-precision measurements of the size and position of subresolution objects. The technique has previously been described in detail, including experimental construction, proof-of-concept measurements on fluorescent beads and first biological applications to specific chromatin regions and molecular complexes (12–18). We have thus applied SMI microscopy to the comprehensive optical analysis of the size of RF in mammalian cells and have found that their average size is about 120 nm and that this remains conserved throughout S-phase, in agreement with results from EM (11).

In addition, we have shown that both methods of visualizing replication—labeling of the replication machinery with GFP-tagged forms of PCNA, and direct labeling of newly replicated DNA—give a similar RF size (~125 nm). The ability to measure a vast number of foci by LM has allowed us to show that there is considerable variation in the size distribution of RF in both cases. This result would be difficult to obtain with the comparatively low-throughput technique of EM.

The SMI microscope lacks optical sectioning ability and is consequently incapable of separating objects which overlap along the z-axis. This limits the application of SMI microscopy to objects <200 nm thick (19). For sparse objects, where the probability that objects are located above one another approaches zero, this does not present a significant problem. For more densely packed structures, such as RF, especially in late S-phase nuclei, the limitations of optical sectioning can be overcome through sample preparation, as shown in the present study and/or using 3D-SIM. Although 3D-SIM does not offer the same size-measurement accuracy, it is not limited in 3D (20,21). We thus used 3D-SIM to measure the numbers of RF throughout S-phase in 3D preserved samples and found an average of ~4000 RF; three to five times higher numbers than the numbers estimated using conventional LM.

In this study, we have compared two novel optical nanoscopy methods, applied to the measurement of replication structures and correlate the data with previously reported ultrastructural EM analysis. We additionally evaluated two sample preparation approaches (ultrathin cryosections and hypotonically treated cells) and compared detection of the replication machinery (GFP-tagged PCNA or antibody stained) with replicated DNA (using antibody detection of incorporated nucleotide analogs). These studies assess and demonstrate the capability of new nanoscopy methods to provide quantitative data on macromolecular structures involved in the catalysis and coordination of biological processes.

**MATERIALS AND METHODS**

**Cell culture**

C2C12 mouse myoblast cells (22) and C2C12 cells stably expressing GFP-tagged PCNA (1) were cultured using DMEM supplemented with 20% fetal calf serum and 50 μg/ml gentamycin at 37°C in a humidified atmosphere of 5% CO₂.

**In situ replication labeling**

DNA synthesis foci were labeled by adding the thymidine analog BrdU to the cell culture medium at a final concentration of 10⁻⁴ M for 10 min.

**Hypotonic treatments**

Nucleotide-labeled C2C12 cells were trypsinized, the cell suspension was washed twice with cold phosphate-buffered saline (PBS) and resuspended in a small volume (~50 μl) of PBS. Excess of prewarmed 50 mM KCl solution was added to the suspension and the cells were allowed to swell at 37°C for another 10 min. The cells were pelleted again and resuspended in 30 μl of the hypotonic solution. Freshly made ice-cold methanol:acetic acid mixture (3:1) was added drop wise and the cells were kept for at least 30 min at ~20°C. The resulting nuclei were pelleted and excess of the fixative was removed. Nuclei were gently pipetted in the remaining volume, transferred to microscope slides and air-dried. The slides were kept at ~20°C until immunostaining.

For time lapse analysis, GFP–PCNA expressing C2C12 cells were cultured in eight-well LabTech cover slip chambers. After acquiring a z-stack of images, the cell culture medium in a well was carefully substituted by prewarmed 35 mM KCl solution and further z-stacks of images were acquired at various times. The parameters of acquisition were adjusted taking into account that upon treatment a cell (nucleus) started expanding, mainly in the z direction and, hence, the fluorochrome signal (GFP–PCNA) decreased.

**Cryosections**

Cells were fixed in 4% freshly depolymerized paraformaldehyde in 250 mM HEPES (pH 7.6, 10 min, 4°C), refixed in 8% paraformaldehyde in 250 mM HEPES (pH 7.6, 2h, 4°C), scraped and pelleted during the latter fixation [30]. Cell pellets were embedded (2h) in 2.1 M sucrose in PBS, transferred onto a copper block, frozen and stored in liquid nitrogen. Cryosections (100–150 nm
thick) were cut with a glass knife using an ultracyro-
microtome (UltraCut UCT52, Leica, UK), captured
on drops of 2.1 M sucrose in PBS, transferred to 0.17-
mm-thick glass coverslips or Celloctave coverslips
(Eppendorf) and stored at -20°C.

Anti-BrdU immunostaining
All incubations were at room temperature, unless other-
wise stated. Briefly, formaldehyde fixed cells were
permeabilized by 10-min incubation in PBS containing
0.5% Triton X-100, followed by blocking for 30 min in
PBS containing 0.2% fish skin gelatin or 2% bovine
serum albumin. Hypotonically treated methanol:acetic
acid fixed cells were not further permeabilized and
directly blocked in PBS with 0.2% gelatin. Incorporated
BrdU was detected by incubating for 30 min to 1 h with
anti-BrdU mouse monoclonal antibody (6 µg/ml; clone
B44, Becton Dickinson or clone IU-4, CALTAG Labs)
at 37°C in a solution (33 mM Tris-Cl pH 8.1, 0.33 mM
MgCl2, 0.5 mM beta-mercaptoethanol, 1% BSA) contain-
ing DNase I (20 U/ml) to expose the epitope. Detection
was performed with an antimouse immunoglobulin
G (IgG) antibody conjugated with FITC (Jackson
Immuno Research), Alexa Fluor 488 or Alexa Fluor 555
(Invitrogen). For 3D-SIM cells were typically postfixed
with 2% formaldehyde in PBS in order to minimize back-
ground fluorescence and floating particles or antibody
precipitates and counterstained with 100 ng/ml 4,
6-diamidino-2-phenylindole (DAPI; Sigma). Samples
were mounted in Mowiol or Vectashield for confocal
and conventional microscopy and in Vectashield (Vector
Laboratories) for high-resolution microscopy.

Anti-GFP immunostaining
Cryosections were rinsed (3x) in PBS, incubated (15 min)
in 20 mM glycine in PBS, rinsed (3x) in PBS, treated
(10 min) with 0.1% Triton X-100 in PBS, blocked
(30 min) with PBS+ (PBS supplemented with 1% BSA,
0.2% fish skin gelatin, 0.1% casein; pH 7.6), incubated
(2h) with rabbit antibodies anti-GFP (diluted 1:50 in
PBS+; affinity-purified rabbit polyclonal antibodies
raised against full-length GFPS65T), washed (5x, over
1 h) in PBS+, incubated (1h) with Alexa Fluor 488-
conjugated antibodies against rabbit IgGs (in PBS+;
raised in donkey; Molecular Probes), rinsed (3x, 30 min
in PBS+), rinsed (3x) in PBS, counterstained (45 min)
with TOTO-3 (2µM, Molecular Probes) in 0.05%
TWEEN-20 in PBS, rinsed successively in 0.05% TWEEN-20
in PBS and then PBS, before coverslips were mounted in
Vectashield (Vector Laboratories) on glass slides coated
with 0.1 µm Fluoresbrite™ Carboxylate YG microspheres
(Polysciences). The long incubation times used allow for
antibody accessibility throughout the thickness of
cryosections, providing the highest sensitivity (23).

Confocal laser scanning and wide field fluorescence
microscopy
Confocal optical sections of cells were obtained with a
Zeiss LSM510Meta microscope using a 63x NA1.4
Plan-Apochromat oil immersion phase contrast objective
heated to 37°C. Excitation of GFP/FITC, TexasRed and
cy5 was performed with 488 nm (Argon laser), 543 nm
and 633 nm (He-Ne lasers) laser lines, respectively. The
parameters of the system were adjusted to avoid satu-
ration. Alternatively, confocal image stacks were recorded
with a TCS SP5 confocal laser scanning microscope
(Leica) using a 63×1.4 NA HXA Plan-Apochromat
oil immersion objective. Fluorochromes were excited
with the 488 nm line of an argon laser and a 561-nm
diode-pumped solid-state (DPSS) laser. Settings used
were: 512 × 512 pixels frame size; 40 or 50-nm pixel size,
125-nm z-distances between sections; 1 Airy unit pinhole
diameter; 800-Hz scan speed; and 6-times averaging.

Wide field images of the hypotonically treated cell
preparations were obtained with a Zeiss Axiovert 200M
microscope using a 63× NA1.4 Plan-Apochromat oil
immersion phase contrast objective and a bandpass
fluorescein filter set (excitation 480/20 nm, dichroic
495 nm, emission 510/20 nm; Chroma). Images were
acquired with a cooled charge coupled device (CCD)
camera (Sensicam: 1280 × 1024 pixels; pixel size 6.8 µm)
using the Axiosvision 3 software (Zeiss) and time of
exposure per image varied between 0.4 and 4 s.

Images were assembled and annotated using ImageJ
1.33 and Adobe Photoshop software.

SMI microscopy
Image stacks of cells were taken using the SMI micro-
scope [experimental setup described in (12,13,24)]. The
experiments presented here were performed using a
100× 1.4NA oil immersion objective from Leica, a
1.25× tube lens and a SensicamQE cooled CCD camera
from PCO. The camera pixels were binned (2 × 2)
resulting in an effective pixel size in the object of 108 nm
in both x and y directions, and a maximum image size of
688 × 512 pixels, although this was typically reduced
through use of a region of interest (ROI). Each stack
consisted of a series of between 80 and 150 images taken while
moving the object along the optical axis with a step size of
40 nm. The exposure time for each image was between
0.06 and 0.2 s for the BrdU labeling, and between 0.4 and 2 s for the GFP–PCNA labeling.

SMI image analysis
The SMI data were analyzed using a custom software
package developed in MATLAB. This package uses a
combination of filtering and the use of multiple thresholds
to find ‘point-like’ objects within an SMI data stack. Once
the position of each object is known, an axial profile
through the raw data is extracted at that point, averaging
over a 5 × 5 lateral ROI and subtracting the average over
a 15 × 15 ROI as a background estimate. A model
function is fitted to this profile using a nonlinear least
squares fit, which allows the depth of the modulation to
be extracted. As the depth of the modulation corresponds
to the extent to which the original illumination structure
has been ‘blurred’ by the object, it is possible to estimate
the size of the object from the depth of the remaining
modulation. In order to make a quantitative size
estimate, one must assume an object form. In this case,
a spherical object was assumed. The principles of SMI size estimation are described in more detail in (24,25). A schematic illustrating the results of the object identification and fitting procedure is shown in Figure 2. The curve showing the relation between modulation depth and object size, along with examples for measurements on calibration beads are shown in the Supplementary Data (Figure S4).

The object identification uses a range of thresholds, with the upper threshold automatically selected, and the lower threshold controlled by a user-selectable parameter. For the labeling of PCNA in cryosections, the lower threshold was manually controlled for each cell to ensure that all points were detected. For the BrdU labeling, it was difficult to find a value where all foci would be detected without including some noise peaks. The lower threshold was thus set to a very low value such that both foci and noise peaks would be detected. Noise peaks generally do not result in a fit when analyzed. The data was then analyzed, and a threshold chosen a posteriori from the range of thresholds used. This threshold was chosen such that 95% of all objects were included which would have fitted had the whole threshold range been used. This compromise allows us to achieve a reasonable balance between the exclusion of real foci and the inclusion of spurious noise. The exclusion of a few percent of the foci is unlikely to have a large effect on the overall distribution, a fact confirmed by the color-coded histogram in Figure 3Aiv, which shows the contribution of each threshold level to the overall distribution.

3D-SIM

Super-resolution imaging was performed on an OMX microscope prototype using a 100×, 1.4 NA, oil-immersion objective (Olympus). The setup has previously been described in detail (21). In short, light from one of three high-power diode lasers (405 nm, 488 nm and 532 nm) was transmitted through a piezo-driven optical grating that generated a 3D diffraction pattern of interfering light on the focal plane of the sample with laterally spaced sinusoidal stripes of ~0.2 μm. For 3D-SIM recording, image stacks with a z-distance of 0.125 μm were acquired. For each plane, 15 raw images were recorded with different grating positions: five phases were recorded sequentially by translating the diffraction grating between exposures and three subsequent z-stacks were recorded with the angular orientation of the grating rotated by 60°. Emitted light passes through a set of specially designed dichroic mirrors directing it to three independently controlled iXon 88 back-illuminated EMCCD cameras with 512 × 512 pixels and >90% quantum efficiency (Andor Technology). Exposure times were between 100 and 200 ms, yielding typically 3000–10,000 counts in a raw image of 16-bit dynamic range.

3D-SIM image processing and quantitative image analysis

3D-SIM raw images were saved to disk and processed to reconstruct high-resolution information as described (20). Postprocessing and quantitative evaluation of 3D image stacks was performed with Volocity 5 software (Improvement). For deconvolution of confocal data sets a maximum-likelihood estimation algorithm was applied using theoretic point spread functions and a maximum number of 10 iterations. To determine numbers and volumes of RF a threshold-based segmentation was applied using the object separation option of Volocity. The procedure works by finding local maxima and separating touching objects in 3D. Volume estimates were used to control that the segmentation procedure worked properly. Despite the slightly bigger RF sizes within dense clusters possibly due to incomplete separation, the average volume of RF was found to correspond well to the 2-fold increase in resolution that 3D-SIM provides over confocal laser scanning microscopy (CLSM).

Statistical analysis

After categorization, the distributions were compared using a Kolmogorov–Smirnov test, which is independent of distribution form and can be used on arbitrary distributions. As our distributions are approximately Gaussian, a t-test gives similar results.

As a tool for visualizing distributions, we use a box-and-whisker plot on several occasions throughout the paper. The box-and-whisker plot depicts the distribution’s median, spread (upper and lower quartiles) and total range.

RESULTS

Labeling replication structures in mammalian cells with replication factors and by nucleotide incorporation

To compare the localization of protein and DNA components of RF (through GFP-PCNA and nucleotide labeling of nascent DNA, respectively) during S-phase, we collected optical sections of live cells labeled with GFP-PCNA or immunoassayed BrdU labeled nascent DNA after formaldehyde fixation (Figure 1). All three major characteristic replication patterns—early, mid- and late S-phase (4,26)—could be discriminated in GFP-PCNA expressing mouse cells as directly confirmed by live cell microscopy (Figure 1A). The early replication pattern appeared as many intranuclear foci of small uniform size. During mid- S-phase this pattern changed to a localization at the nuclear and nucleolar peripheries, and in late S-phase larger replication domains became visible with many small foci still existing at the nuclear periphery. Similar patterns were observed in formaldehyde fixed cells after immunostaining of the incorporated thymidine analog, BrdU (Figure 1C). However, after fixation the cells became flatter (a smaller number of optical sections were required to cover the whole nucleus; data not shown), and thus a higher number of smaller foci were detected away from nuclear and nucleolar periphery in mid- and late S-phase patterns (Figure 1C).

Hypotonic treatment of cells has lead to observation of an increased number of labeled sites suggesting the existence of multiple constituent units within each RF (7,11). However, after hypotonic treatment all three major patterns could still be identified (Figure 1D).
Importantly, hypotonic treatment of GFP–PCNA expressing cells followed by \textit{in vivo} imaging, showed that the complexity of RF was maintained after the treatment (Figure S1). \textit{In vivo} hypotonic treatment lead to swelling of the cells and ‘opening’ of late S-phase RF as compared to mid- and early S-phase ones (see Figure S1 for details). Importantly, further replacement of the hypotonic solution with culture medium lead to reverse compaction of RF and no cell cycle effects were detected.

Analysis of RF labeled with GFP–PCNA in ultrathin cryosections (~100–150 nm thick) revealed similar patterns of replication (Figure 1B). Sizes of RF appeared to be uniform during early S-phase although clustering was observed in mid- to late stages. The low resolution of widefield microscopy methods could explain why late S-phase RF clusters might have been initially taken as larger RF (4). GFP–PCNA patterns in cryosections confirm these results.

Figure 1. Characteristic RF patterns in mammalian cells and effect of various treatments. (A) The three main patterns of RF that appear in course of S-phase are presented. From left to right: early, middle and late S-phase. Representative confocal optical sections of RF in untreated live GFP–PCNA expressing mouse cells. (B) Appearance of the same S-phase patterns in cryosections is presented. The reduced amount of visible GFP–PCNA RF is due to the fact that thickness of the cryosections (100–200 nm) is several times smaller than \textit{z}-axis optical resolution at 520 nm (GFP). Inserts show images of the same cell stained with DAPI before making the sections. (C) BrdU-labeled (10 min), formaldehyde-fixed cells were immunostained with anti-BrdU antibody and mounted in Mowiol. The fixation/mounting of the cells provided for the decrease in nuclei thickness and hence for poorer resolution of RF. (D) Cells labeled 10 min with BrdU were trypsinized and the cells in suspension were treated with the hypotonic solution and fixed with methanol:acetic acid mixture followed by immunostaining with anti-BrdU antibody and mounting in Vectashield. Scale bars = 5 \textmu m.
Hypotonically treated nuclear preparations and cryosections of cells were deemed the most suitable for the comprehensive analysis of RF sizes by SMI microscopy.

Quantitative measurement of RF size

We first investigated the size of RF in BrdU-labeled, hypotonically treated cells. The amplification of BrdU labeling by indirect immunofluorescence provided a strong signal, allowing SMI measurements to be made with a good signal-to-noise ratio and, hence, accuracy. Most foci identified in each cell could be automatically recognized (up to ~2000/cell; Figure 2A and B), and more than 80% of all foci identified gave SMI profiles with modulation that contained quantifiable size information (Figure 2C). The remaining sites were either very weak (~100 times weaker than the brightest foci) or could not be resolved from an adjacent focus. Within each cell, a wide distribution of estimated foci sizes was obtained. The axial positions of RF in hypotonically treated cells were found to be within 160 ± 70 nm, consistent with flattening of the cell and increased separation of the foci in xy (Figure 2D).

We next compared the size distribution of RF labeled in hypotonically treated cells from different stages of the cell cycle after BrdU incorporation (Figure 3Ai, iv and Bi, iv, vii). Sizes ranging from 40 to 210 nm were found at all stages of the cell cycle with average ~126 nm (n > 40 000). The parameters of the size distributions shown in Figure 3Bi, iv, vii are summarized in Table 1. While the small (~4 nm) difference between the early and late S-phase distributions is statistically highly significant (Kolmogorov–Smirnov test, P = 3e-38), it is unlikely that, given the ~30-nm standard deviation of the individual distributions, this difference has biological significance. Indeed, it is possible that this difference could be the result of small systematic errors such as would be introduced when our assumption of optical isolation is not entirely fulfilled, which is more likely to occur in late S-phase when other RF that are close by can affect measurement precision.

To obtain measurements of RF in ultrastructurally preserved nuclei (27), we next analyzed RF labeled with
Figure 3. SMI measurement of RF size. (A) The application of the data analysis scheme results in a size distribution for each cell. Shown here are typical examples from each of the three different preparation methods used in our experiments. From left to right are: a hypotonic specimen labeled using BrdU incorporation and antibody staining, a cryosection labeled using GFP–PCNA and a GFP–PCNA specimen with subsequent anti-GFP antibody amplification. The size distribution obtained is shown below the corresponding cell. The distribution for the BrdU foci is, in addition, separated according to the contribution of each intensity threshold level to the total distribution. The brightest objects are red and the weakest blue. Scale bars = 5 μm. (B) Summary of the collected results for all cells in each preparation method categorized according to S-phase stage. From left to right are the BrdU-labeled hypotonic preparation, GFP–PCNA cryosections and GFP–PCNA cryosections with antibody amplification. From top to bottom are a line histogram, cumulative histogram and box-and-whisker plot. The cumulative histogram represents the integral of the distribution, and avoids the binning effects present in a normal histogram.
GFP-PCNA in ultrathin cryosections (Figure 3Aii, v). As RF intensities were lower than the antibody-based BrdU labeling, signal-to-noise ratios were lower, and hence it was not possible to analyze all foci (50% of the foci could be measured). In spite of these difficulties, the size distribution obtained from these measurements (Figure 3Av and Bii, v, viii) was in agreement with that obtained from BrdU-labeled RF and confirmed the uniformity of sizes during the different S-phase stages.

To increase the signal-to-noise ratio of GFP–PCNA foci analyzed in ultrathin cryosections, we indirectly immunolabeled GFP with antibodies (Figure 3Aiii, vi). Only a small improvement in signal was obtained, which resulted in an increase in the portion of foci that could be detected and measured to about 60%. Perhaps surprisingly, the amplification of signal with antibodies resulted in smaller average RF sizes (Figure 3Avi and Bii, vi, ix) 105 nm relative to 125 nm obtained with either BrdU or directly by GFP–PCNA.

The results of the different labeling methods are compared in detail in Figure S2 and Table S1. Unexpectedly, this suggests that the immunolabeling procedure may underestimate the size of RF. A possible explanation for this observation could be quenching of GFP signal by the primary antibody against GFP, without a measurable trade-off in FITC signal in the secondary antibody. Cross-linking effects due to the bivalency of whole IgGs may also cause the immunolabeling complexes that mark each RF to shrink relative to the whole size of the structure (28).

**Quantitative measurement of RF numbers**

To determine the number of RF at different stages of S-phase, we first used data obtained from nucleotide labeled, hypotonically treated, cells analyzed by SMI microscopy (see also Figure 2A and B). The number of foci identified within each cell by this approach was highly variable (Figure S3), and very likely underestimated in view of the poor performance of SMI in resolving objects overlapping along the z-axis (19). Therefore, we used 3D-SIM, a different high-resolution optical microscopy technique, which allows a better resolution of objects in 3D (20).

Compared to confocal laser scanning microscopy 3D-SIM has a 2-fold better resolution in x,y,z (Figure 4A and B). Application of 3D-SIM led to measurement of RF sizes of about 100–120 nm (Figure 4B), which concurred with the SMI data (Figure 3). Calculation of RF numbers using a threshold-based segmentation algorithm and separation of closely positioned objects yielded a 3- to 5-fold increase in RF numbers relative to previous reports (6,7,29,30). The same image processing and analysis steps were also applied on deconvolved images of the cells obtained using CLSM and gave roughly 3-fold less RF than with 3D-SIM approach (Figure 4A).

The threshold level of 10% intensity of normalized image stacks was selected on the basis of visual inspection of the images. To ensure the segmentation algorithm produced sensible results, we also controlled the object size distribution and found that after the segmentation RF had a 7-fold smaller average volume corresponding to about 0.011 μm³ (~10 voxel; Figure 4C). Such a difference in the size of RF is consistent with the 2-fold better xyz resolution provided by 3D-SIM. Hence, the object calculation algorithm used was unlikely to overestimate the RF numbers due to incorrect object separation.

In summary, the application of 3D-SIM microscopy on 3D preserved cells yielded an average of ~4000 RF, which decreased during the course of S-phase (~6800 in early S-phase decreasing to ~2000 objects in late S-phase; Figure 4D and Table 2).

**DISCUSSION**

We have used SMI and 3D-SIM microscopy to provide a quantitative estimate of the size and numbers of RF in mammalian cells at a level of accuracy previously inaccessible to light microscopic methods. The use of LM employing wide field detection makes it feasible to acquire the number of images required for good statistics in a comparatively short time span relative to EM. Using the SMI approach in total over 40 000 foci were included in the analysis of nucleotide-labeled RF and compared with RF labeled with GFP-tagged replication proteins. EM analysis, however, requires more complicated sample preparation and is more time consuming. There are also indications that a combination of the staining and fixation procedures required for EM immunogold labeling may result in a lower labeling density than is achievable using fluorescence techniques which could translate into a reduced accuracy of size determination.

SMI measurements, as with any measurement, will be affected by some bias, including the assumption that objects are spherical, the labeling procedure (we see a significant difference between the pure GFP and antibody amplified GFP cryosection samples), and the sample preparation. SMI microscopy is limited to sizes in the range from ~40 nm to 200 nm. The measurements of objects <40 nm are imprecise, and sizes approximately >220 nm cannot be measured since no further correlation between the axial modulation and the size of the object can be detected (15), resulting in a truncation of the distribution at this value. However, we estimate that in the present study only a small number (~<5%) of foci were outside of the above range; inclusion of these structures would be unlikely to significantly affect the results. However, relative changes as a result of, for example, S-phase stage, should be preserved and any possible bias of the method is incorporated within the 30-nm standard deviation of RF size distributions (Figure 3B).
To bypass the poor z resolution of SMI microscopy, we adapted two sample preparation procedures to maximize the number of structures analyzed. In one, ultrathin cryosections of cells were employed as used previously for the SMI measurements of transcription factories in mammalian cells (14); this allowed the use of cells expressing GFP-tagged replication proteins. However, the signal strength was limiting and hence the numbers of RF measured were lower than with the nucleotide incorporation approach. The second method involved incubation of cells in hypotonic solution followed by centrifugation was not compatible with the GFP in vivo labeling. Thus, for this sample preparation approach, only samples with nucleotide labeling were measured. This approach generated large numbers of measured RF. The RF sizes determined by both sample preparation approaches and replication visualization methods were similar and, importantly, comparable to the ones obtained using EM (11).
Since SMI microscopy yielded very variable numbers of RF probably due to the above-mentioned limitations, we evaluated another super-resolution microscopy method—3D-SIM. This method allows increased resolution in all three directions and direct use of 3D preserved samples stained using the same conditions as for conventional epifluorescence microscopy. These properties make it particularly amenable for such measurements and allow direct comparison with conventional LM data. Combination of 3D-SIM imaging with object separation algorithms allowed discrimination of several thousands of RF in most of the S-phase cells. Interestingly, the observed RF numbers appeared to be dependent on the S-phase stage. Between ~6800 (in early S-phase) and ~2000 (late S-phase) objects could be identified with a volume of about 0.011 μm^3. Application of the same image processing and analysis steps on CLSM images of the cells followed by deconvolution gave roughly three times less RF than with 3D-SIM approach.

Altogether, our studies show that the difference between the size distributions of RF at different points throughout S-phase is very small. Both the absence of a dependence on S-phase stage and the estimated size are in agreement with previous EM studies (11). We have, however, achieved an improved level of statistics, obtained direct whole-cell 3D data and extended the analysis to the PCNA core component of the replication machinery, showing that the RF size distributions are similar for both, the replicated DNA and the replication machinery. Finally, the outcome of our measurement of total RF numbers of ~4000 per cell definitely indicates that the numbers calculated so far (6,7,29,30) have been significantly underestimated. We have previously determined that the C2C12 mouse cells used in this study have near triploid DNA content (~8.5 Gbp, unpublished data). Assuming a 1-hour, or less, average RF lifetime (30–32) and an average S-phase duration of 10 h, this implies ~40 000 RF form during S-phase. Comparison of this number with the total genome size of C2C12 cells gives ~210 kb per RF, which can be completely synthesized by a pair of replication forks traveling at ~1.8 kb/min (7) within 1 h. These nanoscopic measurements in combination with established parameters of DNA replication suggest the existence of microscopically visible single replication units as the basis for the functional organization and duplication of the genome in mammalian cells. This study shows that nanoscopic analysis of macromolecular structures can provide new insights and quantitative data for the modeling of biological processes.

SUPPLEMENTARY DATA

Supplementary Data are available at NAR Online.

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